

How to create a baseline grid

- 1** In the top menu, select **InDesign CC > Preferences > Grids...**
- 2** In the Baseline Grid section, choose your preferences. I personally use these settings:

Color: **Blue**
Start: **0p0**
Relative to: **Top of margin**
Increment every: **whatever the leading size of the text I'm using is**
View threshold: **5%**
- 3** If you can't see your grid, go to **View > Grids & Guides > Show Baseline Grid**
- 4** Select your text box, right click, and select **Text Frame Options**. Find **Baseline Options** and make sure that the **Offset** is set to **Leading**. If preview is turned on, you should see your text shift down to align to the baseline grid.